Performing dentistry

The year of 2006 not only ended a long cosy affair with the old NHS system, it also marked the death of the dental associate. In the wake of the chaos that ensued arose the dental performer. Neel Kothari discusses the differences and whether the change has been for the better.

Unlike the dental associate, the dental performer now has to work within a very different set of rules that have never been trialled. Like all dentists working with UDA, the dental performer has to work their financial plans for the future, as well as allowing flexibility in working patterns. This current system seems to offer front-line dentists less flexibility, with penalties incurred for not meeting Government set targets, regardless of the quality of the work provided.

Many readers will remember back in the early Nineties the phrase ‘second-gear valuation’ where the Government sent estate agents to assign council tax bands for properties and in many cases the estate agents assigned the valuation of a property with just a simple glance (while still in second gear). In dentistry, the current Government has used another crude assignment called the ‘test period’ where UDA valuations are based on work done within an arbitrary period of time.

While for many this transition may pass with little turbulence, for those qualified post-graduates, the chances are they are more likely to be seeing patients new to the practice who are likely to need far more work than regular attenders. Even with a quick glance it is clear to see that the foundations of the test period have been built on pillars of sand which may satisfy the masses temporarily, but in the long term may stifle the growth of younger practitioners who will inevitably follow working patterns set by practice owners and PCTs, rather than at a rate which works for them as individuals.

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Proving efficiency

Looking at the past Government investment into NHS dentistry, it is also unclear how efficient this new NHS system really is. With the Department of Health (DH) boasting an 8.5 per cent increase in NHS spending this year, we still have little insight into how much of that is actually reaching the front lines rather than filling in the gaps of the current PCT spending.

The recent HSC report into NHS dentistry raised concerns about a lack of retention of younger practitioners. While the recent recession and downturn may have doused the exodus into private care, we are still left with the problem of many dentists wanting more work into the NHS but not being able to get it. Younger performers are also struggling to ‘win’ auction-style contracts and set up NHS practices.

In the past, this offered a valuable service to the Government, with dentists fronting the set up costs in full, unlike general medical practices where the Government typically paid up to 70 per cent of the set up costs. The DPA argued that the 2006 contract had resulted in a transfer of financial risk from the NHS to individual practices. Under the new arrangements, the traditional autonomy of dentists had been replaced by a system where PCTs ‘dictate’ to dentists where they will work, which patients they will see and to whom they must sell their practice in case of ill-health or retirement. This all amounts to a high level of risk placed on individual dentists, which for some has effectively murdered the leap from associate to principal.

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**About the author**

Neel Kothari qualified as a dentist from Bristol University Dental School in 2005, and currently works in Cambridge as an associate within the NHS. He has completed a year-long post-graduate certificate in implantology at UCL’s Eastman Dental Institute, and regularly attends post-graduate courses to keep up-to-date with current best practice. Immediately post graduation, he was able to work in the older NHS system and see the changes brought about through the introduction of the new NHS system. Like many other dentists, he has concerns for what the future holds within the NHS and as an NHS dentist, appreciates some of the difficulties in providing dental healthcare within this widely criticised system.